

Exercise: The Cooperative Team

A responsibility of members is to provide a vision of what the team will be like. This vision must be clear and precise.

Teamwork

Once you have been divided in teams you have to do this exercise.

- 1) Working individually (10 min), write:
 - a) What do I want from the course?
 - b) Your personal vision of what you hope the team will be
 - c) The immediate goals your team is working to achieve
 - d) What takes energy and what gives energy in this kind of group work?
 - e) The unique talents, skills, competencies, and perspectives you bring to the team's work. Strengths and weaknesses.
 - f) What characterizes my own behaviour? How do I show emotions?
 - g) What makes me feel good and feel bad in this kind of work groups?
- 2) Form in groups (same as for the project assignment). **Each group member will present themselves (3 min) for the other group members.** In your self-presentation, the focus is "What do others need to know about me if we are going to work successfully together?"
Working cooperatively, share your views of the team's mission and goals and come to a consensus as to what the mission and goals should be. **Jointly discuss and write down at least three goals or rules that will characterize your teamwork. Use the form "Group teamwork declaration" and hand in on Friday.**
- 3) Start discussing the task. Look at the short video clips 'A few important tips from the clients' on [Canvas](#).

Group _____

Group teamwork declaration

(List of joint goals and agreed rules governing the teamwork)

To be signed by all group members and handed in on Friday 4 September.

1.....

2.....

3.....

4.....

5.....

Name

Name

Name

Name

IMPORTANT: Hand in the signed contract on Friday 4 September with the weekly work plan for week 2.

Group work reflection on 22 October

After the final presentation, you will do a reflection of your own group work. Have you worked according to your group work declaration? What should you have done differently? What did you do good in the group? What could you as a group be better at? What could you as an individual improve?

You are also asked to hand-in an individual reflection in your ePortfolio on Canvas regarding your own contributions to the group work, group dynamics and the work process as a whole. What did you do well and what could have been done differently to make a more effective project work? The reflection is due 30 October.