

Föreläsning 5

Trigonometriska intergaler

Trigonometriske integraler

$$\sin^2 x + \cos^2 x = 1$$

Exempel 1: $\int \sin^3 x \, dx = \int \sin^2 x \cdot \sin x \, dx = \int \overbrace{(1 - \cos^2 x)}^{1-u^2} \cdot \underbrace{\sin x \, dx}_{-du} = \left| \begin{array}{l} u = \cos x \\ du = -\sin x \, dx \end{array} \right| =$

$$a^5 = a^4 \cdot a = (a^2)^2 a \quad = -\int (1-u^2) \, du = -\int du + \int u^2 \, du = -u + \frac{u^3}{3} = -\cos x + \frac{\cos^3 x}{3} + C$$

Exempel 2: $\int \sin^5 x \cos^2 x \, dx = \int (1 - \cos^2 x)^2 \cdot \sin x \cdot \cos^2 x \, dx = \left| \begin{array}{l} u = \cos x \\ du = -\sin x \, dx \end{array} \right| =$

$\sin^5 x = (\sin^2 x)^2 \cdot \sin x$
 $= (1 - \cos^2 x)^2 \sin x$

$$= -\int (1-u^2)^2 u^2 \, du = -\int (1 - 2u^2 + u^4) u^2 \, du =$$
$$= -\int (u^2 - 2u^4 + u^6) \, du = -\left(\frac{u^3}{3} - 2 \frac{u^5}{5} + \frac{u^7}{7} \right) = -\left(\frac{\cos^3 x}{3} - \frac{2\cos^5 x}{5} + \frac{\cos^7 x}{7} \right) + C$$

Exempel 3: $\int \sin^2 x \, dx = \int \frac{1 - \cos 2x}{2} \, dx = \frac{1}{2} \int dx - \frac{1}{2} \int \cos 2x \, dx = \frac{x}{2} - \left(\frac{\sin 2x}{2} \right) + C$

$\sin^2 x = \frac{1 - \cos 2x}{2}$ $\left| \begin{array}{l} 2x = t \\ dx = dt/2 \end{array} \right| \quad -\frac{1}{2} \int \cos t \cdot \frac{dt}{2} = \frac{x}{2} - \frac{1}{4} \sin t = \frac{x}{2} - \frac{1}{4} \sin 2x + C$

Exempel 4: $\int_0^{\pi/2} \sin^2 x \cos^2 x \, dx =$

$$\sin 2x = 2 \sin x \cos x$$

$$\sin^2 x = \frac{1 - \cos 2x}{2}$$

$$\cos^2 x = \frac{1 + \cos 2x}{2}$$

$$\cos 2x = \cos^2 x - \sin^2 x$$

$$\textcircled{1} \quad \sin^2 x \cos^2 x = (\sin x \cos x)^2 = \left(\frac{\sin 2x}{2} \right)^2 = \frac{(\sin 2x)^2}{4} = \frac{1}{4} \cdot \frac{1 - \cos 4x}{2}$$

$$\begin{aligned} \int_0^{\pi/2} \sin^2 x \cos^2 x \, dx &= \int_0^{\pi/2} \frac{1 - \cos 4x}{8} \, dx = \frac{1}{8} \left(\int_0^{\pi/2} dx - \int_0^{\pi/2} \cos 4x \, dx \right) \\ &= \frac{1}{8} \left(x - \frac{1}{4} \sin 4x \right) \Big|_0^{\pi/2} = \frac{\pi}{16} \quad \left(\sin 4 \cdot \frac{\pi}{2} = \sin 2\pi = 0 \right) \end{aligned}$$

$$\textcircled{2} \quad \sin^2 x \cos^2 x = \frac{1 - \cos 2x}{2} \cdot \frac{1 + \cos 2x}{2} = \frac{1 - (\cos 2x)^2}{2} \quad (?)$$

Exempel 5: $\int \sin 6x \cos 8x dx = \int \frac{1}{2} (\sin(-2x) + \sin(14x)) dx = -\frac{1}{2} \int \sin 2x dx + \frac{1}{2} \int \sin 14x dx$

$$\sin A \cos B = \frac{1}{2} (\sin(A-B) + \sin(A+B))$$

$$= +\frac{1}{2} \cdot \frac{1}{2} \cos 2x - \frac{1}{2} \cdot \frac{1}{14} \cos 14x =$$

$$\sin A \sin B =$$

$$= \frac{1}{4} \cos 2x - \frac{1}{28} \cos 14x + C$$

$$\cos A \cos B =$$

$$\begin{aligned} \int \sin 2x dx &= \left| \begin{array}{l} t = 2x \\ dt = 2dx, dx = \frac{dt}{2} \end{array} \right| = \int \sin t \cdot \frac{dt}{2} = \\ &= \frac{1}{2} \int \sin t dt = -\frac{1}{2} \cos t = -\frac{1}{2} \cos 2x + C \end{aligned}$$

$$\int \sin 14x dx = \left| \begin{array}{l} t = 14x \\ \dots \end{array} \right| = -\frac{1}{14} \cos 14x + C$$

Exempel 6 (sidan 485, uppgift 55): $\bar{f} = \frac{1}{b-a} \int_a^b f(x) dx$ genomsnittlig värde
av funktion f på
intervallet $[a, b]$

$$\bar{f} = \frac{1}{2\pi} \int_{-\pi}^{\pi} \sin^2 x \cos^2 x dx$$

(exempel 2)

Trigonometrisk substitution

$$\cos^2 x = 1 - \sin^2 x$$

$$\begin{aligned} a^2 - a^2 \sin^2 t &= a^2(1 - \sin^2 t) \\ &= a^2 \cos^2 t \\ \sqrt{a^2 \cos^2 t} &= |a \cos t| = a \cos t \end{aligned}$$

Exempel 7: $\int_0^a \sqrt{a^2 - x^2} dx = \left| \begin{array}{l} x = a \sin t, dx = a \cos t dt \\ x=0, a \sin t = 0 \Rightarrow t=0 \\ x=a, a \sin t = a \Rightarrow t = \frac{\pi}{2} \end{array} \right| = \int_0^{\pi/2} \sqrt{a^2 - a^2 \sin^2 t} \cdot a \cos t dt$

$$\begin{aligned} &= \int_0^{\pi/2} a \cos t \cdot a \cos t dt = a^2 \int_0^{\pi/2} \cos^2 t dt = a^2 \int_0^{\pi/2} \frac{1 + \cos 2t}{2} dt = \\ &= \frac{a^2}{2} \int_0^{\pi/2} dt + \frac{a^2}{2} \int_0^{\pi/2} \cos 2t dt = \frac{a^2 \pi}{4} + \frac{a^2}{4} \sin 2t \Big|_0^{\pi/2} = \frac{a^2 \pi}{4} \end{aligned}$$

Exempel 8:

$$\textcircled{1} \quad \int_0^a x \sqrt{a^2 - x^2} dx = \left| \begin{array}{l} t = a^2 - x^2, \quad dt = -2x dx \\ x=0, t=a^2; \quad x=a, t=0 \end{array} \right| = \frac{-1}{2} \int_{a^2}^0 \sqrt{t} dt = -\frac{1}{2} \cdot \frac{t^{3/2}}{3/2} \Big|_{a^2}^0 = -\frac{1}{3} t^{3/2} \Big|_{a^2}^0 \\ = -\frac{1}{3} (0 - (a^2)^{3/2}) = \frac{a^3}{3}$$

$$\textcircled{2} \quad \int_0^a x \sqrt{a^2 - x^2} dx = \left| \begin{array}{l} x = a \sin t, \quad dx = a \cos t dt \\ x=0, a \sin t = 0 \Rightarrow t=0 \\ x=a, \sin t = 1 \Rightarrow t = \frac{\pi}{2} \end{array} \right| = \int_0^{\pi/2} a \sin t \cdot a \cos t \cdot a \cos t dt =$$

$$= a^3 \int_0^{\pi/2} \sin t \cdot \cos^2 t dt = \left| \begin{array}{l} u = \cos t, \quad du = -\sin t dt \\ t=0, u=1; \quad t=\frac{\pi}{2}, u=0 \end{array} \right| = \\ = -a^3 \int_1^0 u^2 du = -a^3 \frac{u^3}{3} \Big|_1^0 = \frac{a^3}{3}$$

Exempel 9: $\int \frac{\sqrt{1-x^2}}{x^2} dx = \left| \begin{array}{l} x = \sin t, \quad -\frac{\pi}{2} \leq t \leq \frac{\pi}{2} \\ dx = \cos t dt \end{array} \right| =$

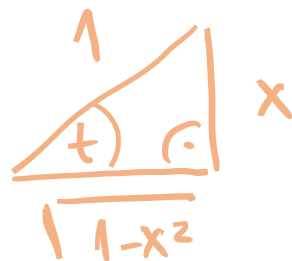
$$= \int \frac{\sqrt{1-\cos^2 t}}{\sin^2 t} \cos t dt = \int \frac{|\cos t|}{\sin^2 t} \cos t dt = \int \frac{\cos^2 t}{\sin^2 t} dt =$$

$|\cos t| = \cos t$

$$= \int \frac{1 - \sin^2 t}{\sin^2 t} dt = \int \left(\frac{dt}{\sin^2 t} \right) - \int dt = -\cot t - t =$$

$$\frac{d}{dx} (\cot t) = \frac{d}{dx} \left(\frac{\cos t}{\sin t} \right) = \frac{-\sin^2 t - \cos^2 t}{\sin^2 t} = -\frac{1}{\sin^2 t}$$

$$= -\frac{\sqrt{1-x^2}}{x} - \arcsin x + C$$



$$\cot t = \frac{\cos t}{\sin t} = \frac{\sqrt{1-x^2}}{x}$$